

MIKE DANTON: COMEBACK KID? HUSKIES FORWARD EYES NHL (page 17) BACKSTAGE PASS
METRO'S NEW COLUMN
DIGS INTO LOCAL
ENTERTAINMENT (page 10)



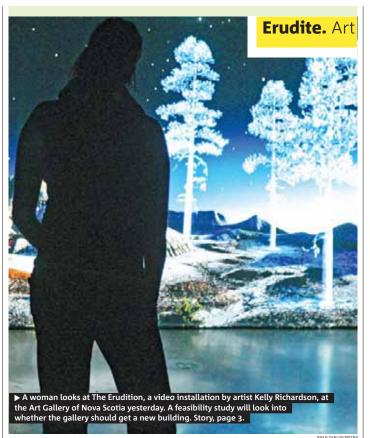
FOCUSED
JAKELESS
TAYLOR ALL
ABOUT WORK (page 12)

nalifax etre

Thursday, January 20, 2011 www.metronews.ca



News worth sharing.



Lobbying for a new home

Uncomfortable memory

Monument addresses Canada's fateful decision in 1939 (page 6)

Passing the borrowed buck

John Mazerolle blames you for his debt load {page 8}

Convention centre still at 'if' stage

MacKay met with TCL president Scott Ferguson this month ○ Ferguson also took part in MacKay's 'economic consultation roundtable' in Halifax yesterday

The province may have been premature to characterize the convention centre deal as a "not if, but when" scenario.

Defence Minister Peter MacKay said yesterday a deal has not yet been struck and refused to speculate as to when or even if one will come.

"The provincial government does not speak for the federal government when it comes to this file," MacKay said.

On Jan. 12, Infrastructure Renewal Minister Bill Estabrooks told Metro "there's no more if to it — we're going to have this announcement."

The federal government has been asked to contribute \$46 million up front to the proposed \$159-million centre. The original deadline for an agreement between all three levels of government was Jan. 15, but developer Joe Ramia agreed to hold the price for an additional 90 days.

MacKay, the lone Nova Scotian in Stephen Harper's cabinet, met with Trade Centre Limited president Scott Ferguson in Ottawa two weeks ago. According to MacKay, Ferguson delivered some of the more "granular" details of the business case for the proposed centre.

MacKay did not elaborate on what new information Ferguson presented, but said



"We're not the ones who are holding it up ... If the ask had come sooner, they probably could have had an answer sooner, if I can put it that way." DEFENCE MINISTER PETER MACKAY

he passed the information along to Transportation Minister Chuck Strahl on Tuesday. Strahl is responsible for the Build Canada Fund — presumably where the federal government's contribution will come from should it come on board.

"We're making progress and I should be able to make a decision on this well within the timelines," MacKay said.

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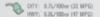
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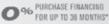




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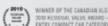
\$15,398

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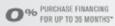


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Gallery eyes new building

No timeframe given on when feasibility study would begin
 Facility is largest art museum in Atlantic Canada → It's home to province's art collection and offers range of exhibitions and programs





A feasibility study will take place for the Art Gallery of Nova Scotia to find out the price tag and benefits of a new, larger facility.

The current location on Hollis Street in downtown Halifax isn't big or structurally sound enough to host the amount of art that gallery staff would like to display, Ray Cronin, director and CEO

"We would like to just grow up into one of those real, unequivocally great museums in Canada."

RAY CRONIN, DIRECTOR AND CEO OF THE ART GALLERY OF NOVA SCOTIA

of AGNS, said yesterday.

"The limitations have become more and more

apparent," he said.

"So the option we'd like to explore is a new building."

Cronin said the gallery currently has 15,000 pieces of art but is only able to display about 300 pieces at a time.

Another problem the gallery faces, Cronin said, is that because the buildings are older, it's harder and more expensive to maintain the 50 per cent humidity and 20 C temperature needed for the art.

The Nova Scotia government announced yester-day it is investing \$108,000 into the study. The federal

government is chipping in \$60,000 and AGNS \$12,000

The study will determine if the goal of having a new facility is realistic, Cronin said.

"If it seems possible and if we're given the green light to go ahead, then we will," he said.

Cronin said the amount of space they are looking for is about 100,000 square feet.

Currently, they have a total of 65,000 square feet.

Vehicle clocked at 176 km/h

Police say it's lucky no was injured or killed after they clocked a Volkswagen Jetta doing 176 km/h on the Bedford By-Pass this week.

A 23-year-old man from the HRM area was charged with stunting and had his vehicle seized after police pulled a car over at 8 p.m. on Tuesday. Two passengers were also inside the car.

"I'm just happy he wasn't involved in an
accident," said Const.
Tony Borovsky of Halifax
RCMP's Metro Traffic Services. "At that speed, who
knows what might have
happened."

Stunting is defined as driving more than 50 km/h over the posted speed limit, with an RCMP release calling it "one of the most dangerous forms of aggressive driving."

The 23-year-old's vehicle is impounded for at least seven days and his driver's licence has been suspended for at least one week.

"It's a very serious situation," Borovsky said. "It's not the first offence (we've issued for this) and it certainly won't be the

PHILIP CROUCHER

Consequences

 A conviction for stunting can result in a fine of more than \$2,400 and six points issued to your licence.

Exploding bottles lead to charges for teen

A 17-year-old male is facing charges of mischief and using explosives after two bottles filled with chemicals exploded at Charles P. Allen High School in Bedford.

Halifax Regional Police say they were contacted Tuesday about separate incidents that took place Monday at the school around 2:15 p.m.

around 2:15 p.m.

The two instances, according to police, involved plastic bottles being filled with substances designed to cause a chemical reaction. Police say both bottles ruptured — one inside a garbage can and the other in a vacant locker — but there were no injuries or damage.

METRO





News on the move

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- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca



Are you getting enough exercise? StatsCan says only 15 per cent of us are above coach-potato status. Video at metronews.ca





String of robberies continues

Weapons

Of the 14 robberies in 2011 as of late yesterday, seven involved a firearm. The others involved either another type of weapon, such as a knife, or the threat of a weapon. Halifax Regional Police are investigating yet another robbery.

The 14th robbery of 2011 and fourth in five days took place just before midnight last night at the Ultramar on Pleasant Street in Dartmouth.

Two masked men entered the service station, approached the clerk armed with a canister of what is believed to be a type of irritant, and left with an undisclosed amount of money and cigarettes.

There were no injuries and no arrests have been made

"Any time we have a single robbery, it's a concern to us," said police

spokesman Const. Brian Palmeter.

"(But) the number of robberies we've had so far this year is no more than last year and we've been able to lay a number of charges."

Last year, HRP investigated 18 robberies through the first 19 days of January. © PHILIP CROUCHER

HPA cautiously optimistic

Year-end figures released yesterday have the Halifax Port Authority cautiously optimistic about post-recession recovery. Containerized cargo vol-

Containerized cargo volume, measured in 20-foot equivalent units or TEUs, increased by just over 26 per cent in 2010 from the previous year.

Authority spokeswoman Michele Peveril said containerized cargo makes up the bulk of cargo traffic in Halifax. Bulk cargo, however, was down 14 per cent



from 2009. Peveril downplayed the drop, saying the decline was partially slow as economic recovery in the U.S. hurt bulk exports and imports. As for the cruise season, the port saw a 14.7 per cent increase in passengers, for a record total of 261.216.

The port saw 435,461 TEUs in 2010, up from a 15year low of 344,811 in 2009. That's still down from prerecession numbers — the port brought in over 490,000 TEUs in 2007.

ALEX BOUTILIE

PICTOU COUNTY

Fire destroys MacKay family home

Fire has destroyed a century-old home that used to belong to the grandmother of Defence Minister Peter MacKay.

MacKay says the loss

of the home in Lorne, Pictou County has been difficult because it was filled with family memorabilia and pictures.

The Nova Scotia MP confirms the home was still owned by the MacKay family.

A relative was staying there, but he managed to escape the flames.

Six fire departments battled the blaze for about four hours Monday night.

All that remains of the home is its chimney.

THE CANADIAN PRESS

Casey goes to bat for Liberals

▶ Recently defected Tory gets high-profile critic portfolio with Grits

The newest Liberal education critic wasted no time in offering suggestions about where the NDP might look for cuts to public education.

Colchester North MLA Karen Casey said there are a number of programs that are nice to have, but the government should identify which programs it needs to have.

"There are courses offered at a high-school level that are nice to have ... (but) are not part of the mandatory graduation courses," she said.

Casey acknowledged that "whenever you name one of those, you're going to step on somebody's toes." But she suggested high school French immersion classes might be one to consider.

"Kids who are in French immersion, early French immersion, by the time they get to Grade 6 they're fully bilingual ... Is French immersion something that needs to stay on the table

"I think we need to look at ... (if) we can't afford what we have, so let's look at what we need."

LIBERAL EDUCATION CRITIC KAREN CASEY

Casey said the government should look how it delivers education to students with special needs.

"The inclusion policy ... was intended to provide access to public education for every student in the province," she said. "That's a noble thing to do, and I'm not being critical of that. But I think they need to look at, 'OK, how do we do that?"

Liberal Leader Stephen McNeil named Casey education critic yesterday morning. She takes over from Bedford-Birch Grove MLA Kelly Regan, who retains critic duties for advanced education.

ALEX BOUTILIES



Three charged in drug busts

Three people are facing drug charges after separate searches by police on Tuesday night.

One took place at a residence on Mountain Road in Halifax, with police executing a search warrant just before midnight and allegedly finding several different types of drugs, including ecstasy, marijuana and Dilaudid.

Two men were arrested with one — 31-year-old Trevor Charles Miller of Halifax — now facing charges.

In the other incident, a 22-year-old Dartmouth man and 21-year-old woman from Halifax were

Trafficking

Trevor Charles Miller was to appear in court yesterday charged with drug trafficking and drug possession.

charged with drug trafficking after police say they saw a man acting suspiciously on Dundas Street in Dartmouth.

Police say the man was found with the woman inside a vehicle at a parkade and a search led to marijuana and drug paraphernalia being seized.

METRO

MacLeod takes over the mic

The new host for CBC Radio One's Maritime Noon show will officially take over the microphone on Monday.

Norma Lee MacLeod is moving from CBC News Nova Scotia to take over the position, which became vacant when Costas Halavrezos stepped down from the post last year after 32 years with the public broadcaster.

Nocturne looking for artists

The committee for Nocturne: Art at Night is looking for independent projects for this year's event.

Artists can apply by visiting nocturnehalifax.ca, with a deadline set for March 14.

The event, which is growing in size each year, is scheduled in 2011 for Oct 15

METRO

Gosse elected speaker

Cape Breton Nova MLA Gordie Gosse was elected Speaker of the House of Assembly in a brief session at Province House yesterday.

day.

The NDP nominated Gosse to replace Charlie Parker, Speaker since the NDP's 2009 electoral victory, after Parker accepted a position in cabinet.

Deputy

NDP backbencher Becky Kent has been appointed deputy speaker.

Gosse said he will work to encourage respectful debate from all members. Toward the end of Parker's term, members of the opposition charged he was too close to the government. Gosse preferred to focus on the future.

"(Parker) did his job while he was there ... and I'll move forward as of today to make sure all members' rights and privileges are adhered to," he said.

ALEX BOUTILIER



News in brief

Halifax flick set to debut at Sundance

utah. A film shot in Halifax will be premiering at this year's Sundance Film Festival

Hobo With a Shotgun stars Rutger Hauer and was directed by Jason Eisner and produced by Yer Dead Productions.

It will be the feature at the popular festival in Park City, Utah, tomorrow.

Hobo With a Shotgun, a former YouTube sensation, is about a vigilante hobo fighting to clean up the town with a 20-gauge shotgun. It began as a two-minute short film

METRO



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Younger urges minister to end winter parking ban



Liberal MLA Andrew Younger is calling on Transportation Minister Bill Estabrooks to repeal the Halifax Regional Municipality's controversial overnight winter parking ban.

Younger said Estabrooks can invoke a section of the Motor Vehicle Act — Section 202, emergency or special conditions or flammable cargo — to unilaterally suspend the ban.

"This has been enacted under provincial law," Younger said yesterday. "The minister would have been made aware of the proclamation ... and has the choice to rescind it immediately, so by not doing that he, in effect, ap-



proved it at the time."

Section 202 states that all regulations made under the section have to be immediately forwarded to the provincial Transit Authority. The minister can repeal those regulations at any time.

"The only person who

has authority over (HRM Transit Authority manager Ken Reashore) is Minister Estabrooks "Younger said

"Mr. Estabrooks," Younger said.

"Mr. Estabrooks has to say, 'I'm sorry, but (Reashore is) really abusing this section of the act."

Ironically, Section 202 is the same section that allowed HRM's Transit Authority to implement the ban in the first place.

Estabrooks said he understands the emergency or special conditions provision, but he does not consider winter an emergency.

"This is not an emergency in terms of a catastrophic event that I, as the minister, will interfere with," Estabrooks said. "This is a problem in the downtown that needs some common-sense solutions."



Canada's act of shame revisited in monument

▶ Memorial brings the enormity of Holocaust into sharp focus: CJC ▶ Designed by son of Holocaust survivors

It is a gleaming monument intended to shed light on one of the darkest chapters of Canadian history.

The Wheel of Conscience, designed by renowned architect Daniel Libeskind, will be unveiled today at Pier 21, Canada's immigration museum in Halifax.

The cylindrical steel sculpture memorializes Canada's shameful decision in 1939 to turn away a steamship carrying more than 900 Jewish refugees fleeing Nazi Germany. The luxury liner, MS St. Louis, was forced to sail back to

Europe, where about 250 of its passengers later died in the Holocaust.

Libeskind has said the

Libeskind has said the central elements of the imposing mechanical sculpture are four spinning gears, symbolic of the guts of a ship's engine and "a cynical bureaucracy."

The words hatred, racism, xenophobia and anti-Semitism appear on the face of each gear, with an image of the St. Louis in the background. The shiny cylinder is surrounded by the map of the world showing the ship's route.

"The gears ... provide the

Tragedy

Remembering Canada's Jewish lobby had campaigned since the late 1980s to create a permanent reminder of the world's indifference to Nazi Germany's escalating violence against Jews.

mechanism to move the wheel in the vicious circle that brought tragedy to so many lives and shame to Canada," Libeskind says on his website.

THE CANADIAN PRESS

GOING GREEN

Daewoo set to build wind turbines

Daewoo Shipbuilding and Marine Inc. is on schedule to begin manufacturing wind turbine components at its plant in Trenton this spring, a company spokesman said yesterday.

Brad Murray said work on the steel tower components of the wind turbines is scheduled to begin in May after new equipment has been installed at the former TrentonWorks rail car plant.

Murray said old equipment in the plant has been removed and the installation of the new equipment is set to begin tomorrow. He said several large

He said several large pieces will be arriving in coming weeks including heavy lift cranes and welding equipment. THE CANDIAN PRESS

Injured player gets trust fund

A trust fund has been set up in New Glasgow for a former Junior A hockey player who suffered a serious head injury in a recent snowmobile accident.

Kevin MacLean is the former captain of the Pictou County Crushers in the Maritime Junior Hockey League.

He remains in hospital in Halifax.

THE CANADIAN PRESS





Oh baby, Mommy's protesting

About 60 mothers staged a group breastfeeding session in a Montreal mall yesterday in support of nursing in public. They spent about an hour nursing their infants in front of a store where a Montreal mother was recently asked to stop breastfeeding her five-month-old girl. The store later apologized.

60^{An} anonymous man began the tribute at Poe's grave more than 60 years ago. He was always dressed in black, with a white scarf and a wide-brimmed hat.

The final chapter?

The unknown man who for decades left three roses and a half bottle of cognac at writer Edgar Allan Poe's Baltimore, Md., grave on

his birthday failed to appear yesterday, fuelling speculation he may have died

THE ASSOCIATED PRESS

Fitness:

Harper on the death penalty: Yes — and no

• PM tells interviewer he won't spark abortion debate

In a candid television interview, Prime Minister Stephen Harper has revealed his inner feelings about the death penalty and abortion.

He says he personally favours the death penalty in some instances.

But he has no plans to resurrect debate over capital punishment — at least not in the next parliament.

Harper was even more categorical about abortion, indicating he has no interest in ever reopening debate on that hot potato.

He says the key to reducing the number of aborted pregnancies is changing attitudes, not

Harper's views on the

Layton's worried

- Federal NDP Leader Jack Layton says Harper's responses on the death penalty and abortion were so carefully worded they raised alarm hells
- Layton says Harper is leaving the door open for a private member's bill that would reinstate the death penalty.

hot-button issues were probed by Peter Mansbridge, anchor of CBC's The National, who wanted to know what he would do should he manage to win a majority.

On reinstating capital

punishment, Harper said simply: "I don't see the country as wanting to do that."

When Mansbridge pointed out he seemed to be closing the door less firmly on that issue, Harper added, somewhat disjointedly:

"Well, I personally think there are times when capital punishment

is appropriate.
"But I've also committed that I'm not, you know, in the next parliament, I'm not, no plans to bring that issue forward."

On abortion, Harper said: "I'm not interested in having a debate over abortion law

THE CANADIAN PRESS

The numbers are in: We're couch potatoes

dian adults and their kids are falling well short of even minimum recom-mended levels of exercise — a "physical inactivity crisis" that experts say is threatening the health of multiple generations.
Experts and health pro-

motion organizations sounded the alarm yesterday after a Statistics Canada report found only 15 per cent of adults were meeting basic physical activity targets of 150 min-

"When we talk about going for a walk after dinner, walking to the store, walking the dog, a lot of **Canadians** may not think that's going to be associated with a substantial health benefit. That's absolutely wrong." ROBERT ROSS.

PROFESSOR OF KINESIOLOGY AND HEALTH STUDIES, **OUEEN'S UNIVERSITY**

utes of moderate to vigorous exercise per week.

The picture was even more dismal for kids between the ages of five and 17 - just seven per cent were getting the recommended hour of exercise per day. "I hon-

estly tell vou. could

said Kelly Murumets, president of national fitness advocacy group ParticipAction Canada.

"Canadians are at an alarming, alarming low level of physical activity. If we weren't sure we had a crisis before, certainly Canadians must know we have a crisis now.

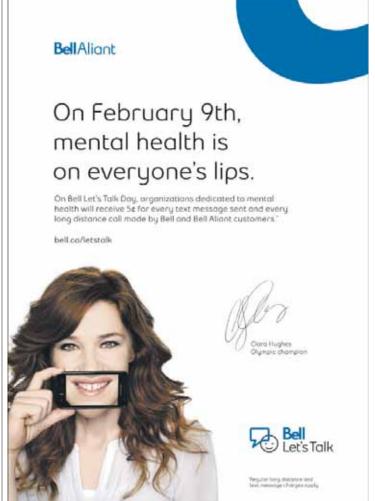
Strategies to combat the problem will have to be multi-faceted and focused on the future. Murumets said.

Robert Ross, professor



sity in Kingston, called the trend "sobering" and warned it won't turn around until adults set a better example. "What we say in the guidelines worldwide is that we want you to accumulate at least 30 minutes of activity most days of the week," Ross said.

THE CANADIAN PRESS



FOREVER INDEBTED TO MOB MENTALIT



I once felt helpless about my enormous debt payments, but I've analyzed the situation and realize now what the root of the problem is: You. J'accuse, gentle reader.

innocent look off your face. Just four years ago I was only \$4,000 in debt. I was panicked about it at the time, but now that sounds like a nice game show prize something Pat Sajak might reveal after the final puzzle. "You've won \$4,000 in debt!" he'd say, and I'd hug Vanna. Now I'm \$50,000 in debt. And

it's all your fault. Because let's face it: You made it OK. The average Canadian owes more than they earn in a year, which is three-syllable craaa-zy, but everybody acts like

it's business as usual. If I'm chatting with you and mention that I'm \$50,000 in debt your typical response is to make a high-pitched "hmph" noise — the kind of noise that says, Not good, but not bad.'

Canadians' finances are crashing like the Hindenburg, but instead of "Oh, the humanity!" the reporter says, "Could be worse! Back to you, Tom."

Thanks for nothing, reader. Thanks for \$50,000 less than

"Nobody actually

owns anything;

it's all credit.

We should

change the verb

to, 'I owe

a house, and

I owe a car."

We live in a society where it's seen as some sort of victory to get back to breaking even, as if

keeping your nostrils barely above the waterline proves you're a seasoned swimmer. Heck, a friend of mine once bought a \$1,500 suit to celebrate getting out of debt, which is sort of like lighting a cigar to celebrate a

successful lung transplant. Nobody actually owns anything; it's all credit. We should change the verb to, "I owe a house, and I owe a car.'

We've been conditioned by each other to believe that debt is

fine. See how I'm blameless? With the Can-Con company I keep, can I really be held accountable for my lack of financial savvy? I'm a victim of mob

No doubt you feel bad about your role in all this. You made me, which must have a Dr. Frankenstein feel about it.

So if you'd like to alleviate the guilt, I will be accepting pledges and donations. I'll even take your gold, no questions asked. You're welcome.

I'm a man of honour, so if you lend me some money to just get me through this rough patch, I solemnly swear: I'll be forever in



Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

SHOTS YOU MAY GET BEFORE VISITING MEXICO:



SHOTS YOU MAY GET WHILE VISITING MEXICO:



Parents play a big role

Letters

We asked: Who was your role model growing up?

@natomaton: Bugs Bunny. He was SUAVE.

@alaska1278: MY MOM DUKES WHO ELSE!! Mamma boy

@JewelyGEE: my role model was my imagination. might sound odd but it really had no limits and it was totally free!

TORONTO. My role model when I was growing up was and always will be my

They worked in our convenience store 14 to 16 hours a day for 363





days a year (Christmas Day and New Year's Day were half-days) for more than three decades!

It's because of their strong work ethic that I never complain about long work days/weeks/months. Thank you mom and dad for all your hard work and

sacrifices made. STEVE YUL CHUN

@levianacoccia: my role model growing up was probably one of the Spice Girls. Thank goodness I didn't turn out like a '90s Scary Spice!

CALGARY. My mom, of course!

She's the strongest and most beautiful woman I know.

KELLIANN BROWN

Which two teams will play in the **Super Bowl? Why? Email** halifaxletters @metronews.ca **Twitter** @metrohalifax

Metro has the right to edit letters and submissions.

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Metro Minute at breastfeeding event

A workshop on breastfeeding, including how to make local businesses and organizations more breastfeeding friendly, is taking place today from 1 to 4 p.m. at the Captain William Spry Centre in Spryfield. Titled Make Breastfeeding Your Business, a Capital Health release says the workshop is for people "interested in promoting, supporting and protecting breastfeeding in

our community."

The workshop, organ-ized by the local breastfeedcommunity, scheduled to hear stories of success and disappointment when it comes to breastfeeding.

Anyone interested in attending is asked to register by email to keely.fraser@ cdha.nshealth.ca or phone at 481-5886.



New mortgage loan measures too harsh?

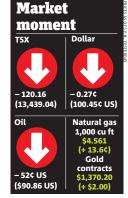
▶ Report critical of Ottawa's housing loan clampdown comes 2 days after finance minister altered lending rules

The risk of mortgage rates rising to unaffordable levels in the near future is "negligible" and recent measures taken by Ottawa to clamp down on housing loans may be too harsh, says Canada's mortgage industry association.

dustry association.

Due to the effect of tightened lending rules "housing demand at present and for the near future is probably lower than it needs to be," according to the Canadian Association of Accredited Mortgage Professionals, which represents brokers and others in the industry.

In fact, the group suggested in a report yester-day that the rules may need to be relaxed.



CAAMP said that a vast majority of borrowers studied had left themselves room to absorb a hike of as much as one percentage point on fixed-rate mortgages and even more on variable-rate mort-

gages.
"Canadians — lenders
and borrowers — have
been highly prudent in the
mortgage market," Will
Dunning, the association's
chief economist, wrote in
the report.

"There have been some calls for mortgage lending criteria to be tightened further. This analysis concludes that Canadian lending criteria are already tight enough. In fact, some might argue that with the changes implemented in April 2010, Canadian criteria are currently too tight."



TOP ()

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YOU VOTED! THE TOP 10 WAYS TO SAVE YOUR MONEY IN 2010 ARE:

- Tax Free Savings Account
- 2 Make meals at home
- 3 High Interest Savings Account
- 4 Automatic fund transfers at pay source
- Move to a new area
- **6** Stick to a budget
- 7 Use public transit
- **8** Use cash
- 9 Renegotiate mortgage
- 10 Consult an advisor

To see more Top 10's of 2010, visit **metronews.ca/top10**

SOURCE: Metro Life Panel Survey, January 2011, 216 respondents







Roger Ebert is re turning to the small screen. The famous film critic stopped appearing on television movie review shows in 2006 when cancer surgery left him unable to speak. But now he has his own segment on a new program, Ebert resents at the Movies. The week-ly show debuts Friday on PBS stations across Amer-THE ASSOCIATED PRESS



Embracing the underdog status

• Metro's new column will keep Haligonians in the loop of what's going on and will answer that proverbial question of 'What should we do this weekend?'



BACKSTAGE PASS

JENNA CONTER METRO HALIFAX



Growing up in Halifax I can argue without hesitation or judgment that

as a community, a culture, and a capital city, our entertainment scene can't compare to our counterparts throughout the country it's simply not a fair fight. For fear of hate mail right out of the gate, might I add this is a positive. Thanks to our alcohol-

Thanks to our alcoholinfused history, Halifax is sprinkled with a wide variety of pubs ranging from the quaint and cozy to the multi-leveled party-palaces.

Lacking in thriving metropolis scene when stacked against fellow Canadian capitals, Troy Arsenault, talent booker for The Seahorse Tavern, knows first-hand Halifax is no underdog.

"We have respect from the large cities because we're smaller and we have to work a little harder," he tells me.

In recent years, Halifax has created a growing number of art galleries and creative events, such as Nocturne: Art at Night, in addition to attracting several big name musical acts such as Sir Paul McCartney, Black Eyed Peas, Elton John, and Celine Dion ... oh, no wait. Awkward.

Sure, we don't have the facilities to house hundreds of thousands of people for live performances, but it's hard to ignore the

city's potential from Arsenault's and my view of the giant fenced off holes downtown.

"We're sitting across the street from the perfect outdoor venue but you have to pick your battles in this life," he said, referring to site of the proposed downtown convention centre.

There's no denying Halifax lives up to its kitchenpartying reputation. Read each week to see how Halifax's entertainment scene extends well beyond its liquor licenses.

Going out

What: Blithe Spirit **Where:** Fountain Hall, Neptune Theatre

When: Opens tomorrow through Feb. 13.

Ticket info: neptunetheatre.com.

A second wife has nothing to fear from a dead first wife unless her 'blithe spirit' comes to claim him. Remarried widower Charles Condomine invites an eccentric medium to his house to conduct a séance. The result is the conjuring of his conniving first wife, Elvira. Unhappy to find Charles remarried, Elvira launches a vengeful haunting resulting in an unexpected and hilarious outcome that is pure Noël Coward gold.

What: Symphony Nova Scotia w/Meaghan Smith and Erin Costelo

Where: Rebecca Cohn Auditorium

When: Friday, 7:30 p.m. **Ticket info:** symphonynovascotia.com

The symphony on its own is worth the price of admission, but adding these two great Halifax singer-songwriters to the mix makes it a night not to be missed.

Costelo's style is described as smoky pianopop while Smith is known for her retro nostalgia. Together with the symphony a night of romantic music help warm people up on another cold winter night

JENNA CONTER



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Unfinished business

Ocowboys, goths, Globetrotters among teams returning to Amazing Race

Cord and Jet McCoy are saddling up for another season of The Amazing Race.

The bull-riding brothers are among the 11 veteran teams competing on the 18th edition of CBS' around-the-world competition (premiering Feb. 20 at 8 p.m. EST), the network announced yesterday. Other returning duos include goth couple Kent Kaliber and Vyxsin Fiala, and Harlem Globetrotters teammates Nathaniel 'Big Easy' Lofton and Herbert 'Flight Time' Lang. "We're not intimidated

"We're not intimidated by anyone," McCoy said before setting off in November. "That's the thing about this race, even in the season that we were on, we sized up the competition, but it wasn't the same people that were in the finals or that went out first. When it comes to this race, even though we've seen people on previous seasons, it's too hard



to tell."

The McCoy brothers from Tupelo, Okla., came in second place on the 16th season show, narrowly losing to Daniel and Jordan Pious after the distinctly different siblings skipped the McCoys in line at an airport and slipped to

the front of the plane. Cord warned that he isn't going to let other teams sneak by him on the Unfinished Business edition.

Other racers are sisters Kisha and Jen Hoffman, former cheerleaders Jaime Edmondson and Cara Rosenthal, engaged couple Amanda Blackledge and Kris Klicka, friends Justin Kanew and Zev Glassenberg, mother-and-son Margie and Luke Adams, father-and-son Mel and Mike White, and Gary and Mallory Erwin and Ron and Christina Hsu.

THE ASSOCIATED PRESS

INTERVIEW

Babel off to work in LA LA land

Last night, Entertainment Tonight Canada announced Matte Babel is joining its team as the show's Los Angeles correspondent — where he'll be all over the red carpets and movie premieres. Metro recently spoke to the former MuchMusic VJ about his news job and living in L.A. Tell us what your perfect L.A. moment would

My perfect L.A. moment would be sitting court side with Ellen DeGeneres as Kobe hits the game winning shot in Game 7 of the NBA championship versus the Miami Heat...or does it have to be realistic?! L.A. is the land of celebrities. Is there a person vou most

be?

want to meet and why?

Dead or alive? It would have to be Jim Morrison. Love the Doors.

ET has been around for three decades; for five seasons in Canada. Which correspondent has been your favourite and why?

That's like choosing a favourite sibling... everyone at ET Canada is unique – it's like The Addams Family – it just

works!
What will you miss
most about living in
Canada?

The snow? Truthfully, my friends. My experiences in L.A.

thus far have been amazing. telling someone rather than experiencing with them never the same. What are you looking forward to doing in L.A.? Going surfing and skiing in the same day. METRO



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Michael Lohan says Lindsay keeping clean

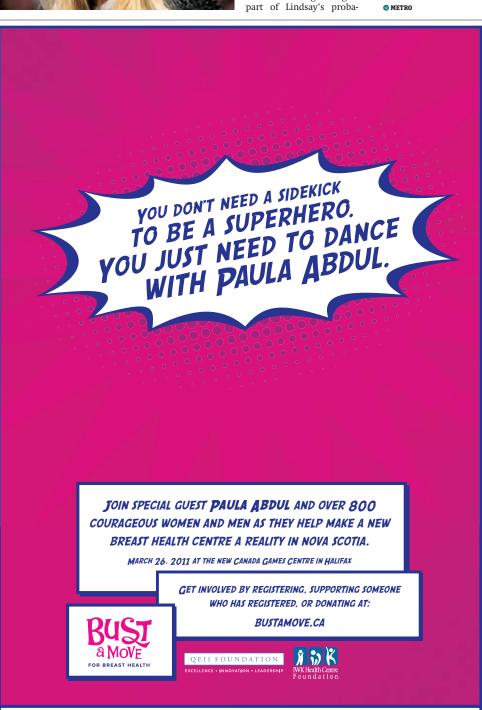
So far so good for Lindsay Lohan, who has reportedly been passing all of her post-rehab drug tests, her dad, Michael Lohan, tells Hollyscoop.

"Lindsay is doing four or five tests a week and she has passed all of them," he

Random drug-testing is

"Lindsay is doing four or five tests a week and she has passed all of them." MICHAEL LOHAN

tion, and each failed test would mean 30 more days behind bars.



Talking points

J-Lo wants to have more kids

PEOPLE Though having twins at home can be a handful, Jennifer Lopez says she'd be "extremely happy" to become pregnant again. "I'd like to. As soon

as I had the babies, I thought to myself, I want to do this a thousand times. I love this. This is life," she tells Ellen DeGeneres.

"I just thought it felt so great. This is what life is all about And now that it's, like, three years in, I'm like, 'Can I do that again?" OMETRO

Keep God and sex apart: Perry

PEOPLE While she may flaunt her sex appeal, Katy Perry still draws the line at getting religion in the mix.

"For me, spirituality is something very important and I don't like it when people take it lightly. At times, I don't understand why there are artists who play that card, like when Madonna gets up on a cross to sing," she tells the Sun.

"I think when you put sex and spirituality in the same bottle and shake it up, bad things happen. Yes I said I kissed a girl. But I didn't say I kissed a girl while f-ing a cruci-fix." ● METRO

Taylor off the market for

now

PEOPLE Still reeling from her split from Jake Gyllenhaal, Taylor Swift is reportedly taking a break from dating to focus on her music. according

Celebrity tweets



Fonda [A]Janefondal There's been com-

mentary saying my right nipple was showing at the Golden Globes. ... That was my recent cancer scar. So



William Shatner [@William-Shatner] I'm thrilled to

be working with an old friend, Lee Majors, on \$#*! My Dad Says.



Rose McGowan [@rosemcgowanl

Ever get to the airport and find out your flight isn't until the NEXT day? Sadly, not the first time I've done this.



Joy Behar [@JoyVBehar] Regis and Larry

King are retiring. Meanwhile, Andy Rooney's still doing essays about pa-METRO

Popeater.

Taylor is not exactly a loner, but she fares well on her own and will be fine if she doesn't hook up with a guy immediately, says a source, who adds that the timing of her breakup with Gyllenhaal - right before Christ-

mas - wasn't easy to handle. "While people expected them to spend Christmas holidays together, they

were each photographed separately in different cities," says the source. "It looked like things didn't work out.











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King of the cuffs



• Meet the English jewelry designer who has women from New York to Dubai scrambling to snag his glamorously cheeky bracelets, rings and necklaces

KENYA HUNT GLOBAL FASHION DIRECTOR



"Anything that has a bit of sparkle to it works really well for me," says designer Nicholas King from his home in London. He's talking about his increasingly popular handmade jewelry collection (Cheryl Cole is just one of his high-profile fans), which includes an especially hot-selling series of resin and diamanté cuffs.

A major part of the appeal is that his pieces are Elizabeth Taylor glamorous in a Lady Gaga edgy kind of way. His work manages to be cheeky and cool. "I started out by taking a piece of tartan fabric and setting it in resin," says King, who worked in fashion for 17 years at houses including

"If you're going to do a plastic cuff, it has to be special."

John Galliano and Donna Karan before starting his own line. "But if you're going to do a plastic cuff, it has to be special," he adds with a wry sense of humour. So he moved on to metals and crystals.

"I like how it adds a richness to the jewelry," he says. Nicholas isn't the only one. In the short two years and six months since he started his business, his collection has been picked up by some of the world's most important fashion emporiums including Harrods, L'Eclaireur, 10 Corso

Como and Liberty of London, among others. Not to mention he's become a favourite among magazine editors.

That's an impressive accomplishment considering that King started his business the day that Lehman Brothers crashed, sending the global economy - and the fashion business in general - into a downward spiral. Despite his early successes, don't expect King to go the way of other young designers by launching a chain of premature brand extensions anytime soon. "I want my iewelry to be relevant for a long time so I'm just going to focus on growing slowly and organically."

King's ladies

Nicholas King is a modest gentleman and therefore wouldn't shamelessly name-drop the celebrities who love his work. "I'd love to dress Michelle Obama and Kate Middleton, though," he admits. We did, however, manage to get him to name two famous women who encapsulate his style.







Clinique's Take The Day Off Cleansing Balm is a wonder cream that balances out oily skin, moisturizes dry skin and. most importantly, removes all manner of face and eye cosmetics. The makeup remover starts out as a balm, but melts into oil once on the skin. And one tub can get you through winter. 🚳 METRO/KH



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Off the floor: Staying stylish yet organized

DECOR MOMENT



METRONEWS.CA

n organized home is the first element to creating a comfortable

and stylish

place to live. I'm a believer that the first step to being organized and having a clean home is to have nothing on the floor other than the furniture meant to be there.

Clothing, newspapers, toys, gym bags, shoes, etc. should all have a place.

Here's a few ways to get your stuff up off the floor.

Clothing Adding a second hanging bar in the closet for pants, installing an upper shelf to hold an extra row of folded sweaters and adding hooks to the inside of the closet doors will help your standard closet hold about 30 per cent more clothing and accessories.

Vacuum-sealed bags help reduce clothing's bulk and keep dust off out-ofseason clothing and a canvas-portable closet is an affordable way to create an extra closet to hold the overflow.

They're also great to set up in an apartment storage locker to store out-ofseason clothing

While organizing your closet, why not spruce it up with a few decorative touches? Painting the inside of it a fashionable colour, adding updated door hardware and investing in attractive wooden hangers are simple ways to making the closet look like a million bucks.

Shoes

Building narrow shelves up



the walls inside a closet is the best way to store shoes. If done smart, you can contain 40-50 pairs of shoes in a single closet without taking away hanging space.

A tall, vertical shoe rack (easily purchased from display storage suppliers and online) keep your best shoes on view and easily accessible. If you have no room in your closet for shoes, consider decorative shoe boxes lined up the edge of a staircase or stored in under-the-bed roll out drawers.

Hanging hooks

Decorative hooks are a dime a dozen, so buy at least a dozen and put them around your home. Those items that you need every day (scarves, purses, gym



bags, etc.) will stay off the floor and have a stylish place to call home.

Remember to hang at two heights - 42 inches and 66 inches off the floor. This will allow younger children to hang their coats and have them easily accessible. Towel bars can be a man's best friend too. Hung at the end of a kitchen island help to keep tea towels at bay while displayed vertically on the wall like ladder rungs, they become a great spot to display magazines and newspapers.

Speaking of ladders, why not use them to help get things off the floor?



The Look Ahead CANADA MORTGAGE AND HOUSING CORPORATION HOUSING OUTLOOK CONFERENCE - HALIFAX **FEBRUARY 10, 2011** MARRIOTT HARBOURFRONT

Conference Highlights

ALEX MACDONALD, Regional Economist, CMHC Along with historically low interest rates, stable income levels and moderate employment growth, the housing sector of Atlantic Canada has recently been performing better than forecast Alex MacDonald will share his insight into these factors as well as recent economic events and present the economic and housing outlook for Atlantic Canada.

STEPHEN LUND, President and CEO, Nova Scotia Business Inc. Our speaker will provide insight into the issues affecting the local business community and will highlight the challenges and opportunities in growing local business and attracting leading edge, sustainable investment to our region and province.

MATTHEW GILMORE, Senior Market Analyst, CMHC The Metro Halifax housing market has been impacted by steady change in the local, national and international economy. Find out what can be expected over the next two years as Matthew Gilmore looks ahead in his analysis and forecast for the Halifax housing market.

Registration Fee

By January 28, 2011 \$160.87 (+ HST)= \$185.00 Regular Rate \$195.65 (+ HST)= \$225.00

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"(6 people registering at same time)

Online registration:

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Phone: 1-800-668-2642

(7 a.m. to 9 p.m. EST, Monday to Friday)

1-800-245-9274

CMHC, 700 Montreal Road, Suite 1000,

Ottawa, ON KIA 0P7



Pink makes a comeback

new decor trends, and one of the biggest this year is the bold and optimistic colour of pink.

The Pantone Colour Institute recently named honeysuckle the colour for 2011.

Not since the late 1950s have we seen this colour used as a decorating staple.

Keeping in mind that women did most of the home decorating in the ľm wondering whether the male popula-tion will be accepting of this new, bold colour.

Here are a few decorating suggestions to incorporate it without going overboard. KARL LOHNES



ACCESSORIZE IT

To keep a masculine look, make sure the amount of pink in a patterned rug or pillow is less than 30 per cent.

The Delizia Rug from Crate and Barrel adds just enough pink, while keeping the guys happy.

PANTONE* 18-2120 TCX







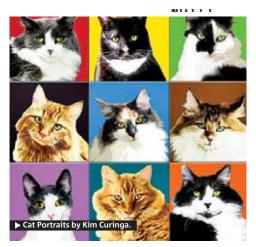
FARRICS

Ikea's Andrea Satin duvet and pillows remind me of tie. Team with chocolate brown sheets.











Art photos can add interest to a room

One of the hottest trends in home decor is hanging photographic art, which can make a big impact without costing a lot.

Flip through the pages of any shelter magazine to see examples of arresting imagery, in colour and black and white, of streetscapes, landscapes, portraits and still lifes.

"Photo art brings in ele-

ments of energy, atmosphere and emotion," says designer Thom Felicia, one of many designers and retailers who are championing the form.

One place to check out new directions in photo art is artspan.com, a website featuring contemporary artists. Photographer Irene Andreadis of Huntington, N.Y., did a striking series of shots, featured on the site, of an old train car abandoned in the woods (see above). Her lush, colour-saturated shots of flowers also caught the eye of Tiffany's store decorators, who bought several orchid photos.

New Yorker Jen Bekman started 20x200.com in 2007. As she sees it, "There are a lot of people out there who want to sell their art and a lot of people who'd like to buy it. They just have a hard time finding each other."

The website name came from the initial concept, which was to offer limited editions of 200 of each art piece, priced at \$20. The site now offers a broader range of sizes and prices. THE ASSOCIATED PRESS

Getting started

If you're new to photo art, how should you decide what to buy?

- "Start with prints and art books," says Jen Bekman, founder of 20x200.com.
- "It's a great way to figure out what you like. Don't

be shy about orienting yourself through something that already interests you: animals, sports, books, nature or even a specific colour."

Bekman's final words of advice are simple: "Buy art that you love. That's my first and last rule of collecting."

Bold inpiration



Kim Curinga, a photographer based in Eight Four, Pa., shot a series of feline portraits, manipulated in Photoshop to look like pop art (see top of page, left). The images have a fun modern art vibe.

She's also captured a beautiful group of Yosemite images. "Three of these, five-feet-tall and framed, hang in my home. I print things large — they're more dramatic," she says.



It makes beautiful sense

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Croquettes minus the fat

• This healthier version of the crispy patties eliminates the hidden calories

The croquette is a way to use leftovers, but it's also a way to chow down hidden fat and calories. But you can concoct healthier croquettes with a little nutritional know-how.

Start with lean protein, such as chicken, turkey breasts or even crab.

For the fillers, lean toward vegetables, which add more flavour and moisture, rather than starches such as bread-crumbs or rice. Aromatics, such as onions, garlic and peppers, season while also

Preparation:

Relish: In a small bowl whisk together red peppers, oregano, thyme, ielly, salt and scallions. Set aside.

Croquettes: In a large non-stick skillet over high, heat oil. Add sweet potato, onion and red bell pepper. Saute until vegetables are tenadding a variety of colours and textures.

And if you do want to add a starch, consider using sweet potato, which is packed with fibre.

When it comes to the wet binders, opt for egg whites, which won't contain the fatty yolks and still have binding power. Finally, though many

croquettes are cooked in generous amounts of fat, with a good non-stick pan, you should be able to get satisfyingly crispy results using just cooking spray.

> der, about 5 minutes. Transfer vegetable mixture to a large bowl. Wipe out the skillet and set aside.

Add chicken, lemon juice, oregano, thyme, salt and pepper, then stir to combine. Add egg whites and sour cream, then stir again.

Place breadcrumbs in a dish. Divide chicken mixture into 12 balls, using about 30 ml (2 heaping tbsp) per ball. Roll balls in breadcrumbs.

Return skillet to medium-high heat and coat with cooking spray. Add 6 of the balls, flattening them into patties

Ingredients:

- 1 jar (375 ml/12 oz) roasted red peppers, drained and diced
- 45 ml (3 tbsp) fresh
- oregano, chopped
- . 10 ml (2 tsp) fresh thyme, chopped
- 45 ml (3 tbsp) hot pepper jelly
- Pinch salt
- 1 scallion, thinly sliced Croquettes

• 5 ml (1 tsp) canola oil • 250 ml (1 cup) uncooked shredded sweet potato

with a spatula. Cook until golden-brown, 3 to 4 minutes per side.

Transfer croquettes to a serving platter and cover with foil. Coat skillet with additional cooking spray, then repeat with remaining balls. Serve with red pepper relish. THE ASSOCIATED PRESS

- 125 ml (1/2 cup) finely
- chopped yellow onion
 125 ml (1/2 cup) finely chopped red bell pepper
- 500 ml (2 cups) finely chopped cooked chicken
- breast or turkey breast
 10 ml (2 tsp) lemon juice
- 1 ml (1/4 tsp) dried oregano
- 1 ml (1/4 tsp) dried thyme
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) ground black
- 2 large egg whites
- 50 ml (1/4 cup) reducedfat sour cream
- 125 ml (1/2 cup) plain breadcrumbs



Who has influence over what you eat?



Celeb chefs, Michelle Obama and even Steve Jobs have made the list of the 50 most influential people in food • The top spot shouldn't be a surprise

Stewart Rachael Ray you expect. But Steve Jobs on a list of the 50 most powerful peo-

The idea was to choose people "that directly or have the ability to directly affect what and how we eat," explains Colman Andrews, editorial director of TheDailyMeal, a new site that aims to be a clearinghouse of all things food-related, from recipes to restaurant reviews.

This week, it released its list of culinary movers and shakers. Stewart landed at No. 47, and Ray got No. 14. But Jobs, co-founder and CEO of Apple, beat them both at No. 5.

"The hardest part, as you might guess, wasn't even choosing the names so much as putting them in some kind of order," Andrews says.

Jobs makes the list due

to technology produced by his company that has af-fected the food world from food apps to iPad menus.

There are famous chefs on the list, like Wolfgang Puck (13), Tom Colicchio (30), chef-restaurateur and host of TV's Top Chef show, and chef Thomas Keller (19) of The French Laundry in the Napa Valley and Per Se in New York.

There also are names from different parts of the

food universe, such as Michelle Obama (4), who is listed for her work promoting healthy eating and fighting childhood obesity.

Who's No. 1? That would be you. "The consumer. The restaurant-goer. The home cook," according to the website.

"You determine what we eat and how and sometimes why. And you're doing a great job.

THE ASSOCIATED PRESS





Rainmen sneak past Dayton

112

106

RAINMEN

AIR STRIKERS

The Halifax Rainmen may have gotten more than they bargained for from the Premier Basketball League's last-place team.

The Rainmen, on the road without head coach Les Berry and star forward Eric Crookshank, got off to a sluggish start but managed to bounce back in a 112-106 win over the Dayton Air Strikers.

The Air Strikers led by as many as nine in the first half before surrendering the lead after the break. They still managed to stay within a shot of tying it in the final minute.

"We started the game out very slow, not very much intensity," said Rainmen assistant coach Jeff Paris. "We're on the road, we're without Eric and Coach Berry, so it was to be expected ... But the guys turned themselves around."

New centre James (Boo) Jackson piled up 16 points and 17 rebounds, while Josh Dollard and Mike Mercer tied with team highs of 18 points as the Rainmen improved to 4-1, second in the PBI.

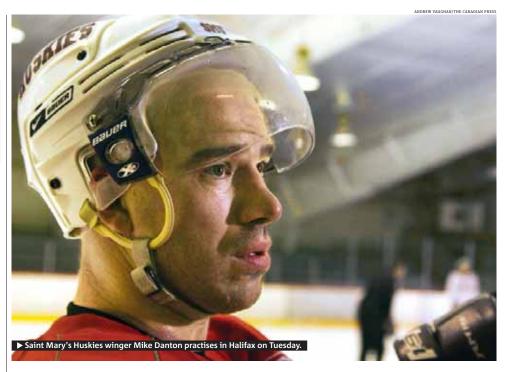
Berry and Crookshank stayed home for personal reasons. Forward Kavon Jones, who was averaging 15 points per game and ranked fourth in the PBL with 8.7 rebounds per game, was benched.

"It was a coach's decision not to play him," Paris said. "It was just a personal issue we had to deal with, that's all."

Paris said Jones would play "for sure" when the Rainmen visit Kentucky on Sunday. Desmond Ferguson suffered an Achilles tendon injury and is unlikely to play on Sunday. MATTHEW WUEST

Maineiacs moving to P.E.I?

Maine Hockey Journal is reporting the Lewiston Maineiacs could relocate to Summerside, P.E.I., in time for the 2011-12 season. The QMJHL has a Jan. 31 deadline for teams to apply for relocation to another city. The report also hinted the Charlottetown-based P.E.I. Rocket could be on the move, possibly to Sherbrooke, Que. CHARLOTTETOWN GUARDIAN



Danton eyes return to pros

• Ex-NHLer has spent year with Saint Mary's and is academic all-Canadian

One year after stepping back onto the ice at a frigid university arena, Mike Danton is dreaming of a bigger return to the game of hockey. The former NHLer says

The former NHLer says he still wants to rejoin the fabled league, more than five years after he was convicted of conspiracy to commit murder in the United States.

"I would obviously (like to return)," he said after practice yesterday with the Saint Mary's Huskies. "I think anybody at this level would want to play at the highest level possible for them. For me, that would be the NHL.

would be the NHL.

"I'd like to get back to playing there. To be honest with you, yeah, it's in my mind. It's something I'd like to do."

ry mind. It's something I'd like to do."

Danton was released from a U.S. prison in March 2009 following his 2004 conviction in a failed murder-for-hire plot.

He returned to Canada and his parole ends tomorrow, lifting restrictions on his travel within Canada and freeing him of regular checks with corrections officials

corrections officials.

The end of his legal obligations raises questions about his future in hockey and whether the 30-year-old winger sees a place for himself again at the highest level of the game

But it's not clear if he will even be allowed into the U.S. given his criminal record, an obvious requirement to play in the NHL. A spokesperson with

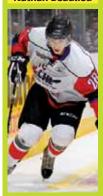
U.S. Customs and Border Protection didn't return calls yesterday.

Danton, who scored nine times in 87 NHL games with the St. Louis Blues and New Jersey Devils, recognizes it is a long shot to make it back to the NHL.

"I need someone to take a chance on me at the professional level," he said. "I'm not a pessimist. I'd like to say that if I had an opportunity that I'd make the best of it."

sports

Nathan Beaulieu



Ionathan

Huberdeau scored once and assisted on Saint **John Sea Dogs** teammate **Nathan** Beaulieu's goal in the CHL/NHL **Top Prospects** game last night. **Zack Phillips** added to a big day for Sea Dogs players with a goal and two assists in Team Orr's 7-1 victory over Team Cherry.

Conrad books spot in semifinal

Sarah Conrad is off to a solid start at the world snowboard championships in La Molina, Spain.

The 25-year-old halfpipe rider from Dartmouth finished fourth in her qualifying heat yesterday with a score of 22.3 to qualify for today's semifinals. She was just 0.4 of a point shy of earning one of six direct byes to today's final. Conrad, who competed at both the Vancouver and Turin Olympics in 2010 and 2006, has finishes of 12th and 14th at world championships in 2009 and 2007.

Alexandra Duckworth

Alexandra Duckworth of Kingsburg, Lunenburg Co., placed sixth in the same heat with a score of 20.5 and has also qualified for today's semifinals.

METRO





Nets owner walks away from Melo

New Jersey Nets owner Mikhail Prokhorov told the team to end trade talks with the Denver Nuggets yesterday, saying he was unhappy with how they played out publicly, that they took too long, got too expensive and cost the team games.

The Russian billionaire also cancelled a planned meeting with Carmelo Anthony today and said there was no chance that the trade would be resurrected.

"There comes a time when the price is simply too expensive," Prokhorov said in a news conference last night. "I have instructed our team to walk away from the deal."

Previously, New Jersey had offered to ship six players and at least two firstround draft picks to Denver in a deal that would have sent Anthony to the Nets along with former Pistons teammates Chauncey Billups and Richard Hamil-

The Nets have lost six straight games.



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Federer says he 'got lucky' in match

Early on it seemed as if Simon, who had beaten Federer in their only two previous meetings, would send the Swiss star packing out of a Grand Slam before the third round for the first time since 2003. But Federer broke Simon's service in the sixth game of the deciding set to go up 4-2, held his service to go up 5-2, then held his serve two games later to clinch with an ace. THE ASSOCIATED PRESS

New rules should aid CFL in Ottawa

• 'It puts you in a competitive position right off the bat,' ownership group's Jeff Hunt says

When Ottawa's latest shot at success in the Canadian Football League takes to the field in 2013, it should be better equipped to compete than the last version.

The league announced an expansion draft plan yesterday that will give the as-vet-unnamed team significant advantages over what the Ottawa Renegades faced in 2002.

The biggest change will see existing teams allowed to protect only one quarterback, one less than was the case the last time around.

"In my opinion, it's another positive step forward on this road we've been going down for the last twoand-a-half years," said Ottawa ownership group frontman Jeff Hunt, noting that none of the quarter-backs in the Renegades' inaugural training camp had taken a snap in the CFL the previous season.

"This time, it's very realistic we'll have two quarterbacks coming in who have CFL experience."

The number of

games the Ottawa Renegades won during their four seasons of existence.

There are several other improvements approved by the league that should help Ottawa in establishing itself as a competitive team.

In the first round of the import draft, existing

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teams can protect only one quarterback and 10 imports, allowing Ottawa to select one import player from each team. In the second round, each club can protect only six non-im-

Ottawa will also have the first pick in each round of the 2013 Canadian draft as well as the final selection in the first four rounds of the 2012 draft. Those selections will be restricted to redshirted NCAA players.

Ottawa will also be al-

lowed to start building a negotiation list prior to its first season.

League commissioner Mark Cohon said he believes the format strikes a good balance.

"Our goal has been clear throughout: To give Ottawa the chance to field a competitive team without unfairly undermining our existing franchises," he said in a statement. "We are confident this plan meets that objective.

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Sports in brief WASTE REMOVAL

Woods to start in San Diego

PGA. Tiger Woods officially entered the Farmers Insurance Open yesterday, which has become the traditional start of his season since 2006.

He has won the last five times he played San Diego's Torrey Pines

He has not played the PGA stop for two years, missing 2009 due to knee surgery and last year while dealing with personal problems. THE ASSOCIATED PRESS

Owner trumps Yankees GM

MLB. In a move mirroring those of his father, Yankees owner Hal Steinbrenner overruled general manager Brian Cashman in giving a \$35million US, three-year contract to Rafael Soriano.

After a news conference to introduce Mariano Rivera's new setup man yesterday, Cash-man said he didn't think it was worth paying closer money for a pitcher the team plans to use in the eighth inning. THE ASSOCIATED PRESS

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- 26 AAA job
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- 36 Lover's quarrel
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- 44 Follower of a pair
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- 46 Flute's little kin 50 Lillie or Arthur
- 51 Pennsylvania port
- 52 On the ascendant
- 56 Barracks array
- 57 Carina
- 58 Storm center
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- 5 Time of your life?
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- 35 "Humbug!" solution 38 Long March leader 55 Archery bow 40 Strong greenish blue wood
- 43 Lucky accident 45"— the ramparts ..." 46 Bushel fraction 47 Press 48 Give as an example 49 Pundit's

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Sudoku

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How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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Show some love! Send a note to somebody special at kiss@metronews.ca

To my lobster yay! I'm so happy to have found my mate. I look forward to many years on the balcony feeding eachother cheezy lines LOVE YOUR LORSTER

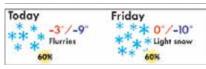
My Cookie! Thank you for making my day so much sweeter!

XOOXOXO YOUR BABY CAKES!

I told you from the start, That I Loved You, and that nothing would change how I feel. How much you really mean to me, and how having you in my life today, I couldn't ask for anything more. When I'm with you, "nothing else matters", when I'm not I carry the world on my shoulders...! Love you Karalee.. A&DF

To my love Lidia, thanks for being with me for all these years. I miss you so much. As soon as possible I'll go back home.

LOVE YOU WITH ALL MY HEART,





Today's horoscope

↑ Aries March 21-April 20

Friendships will assume even greater importance than usual over the next few days. Make sure you are on good terms with people you have to deal with on a daily basis.

¥ Taurus April 21-May 21

It's the time to make your bid for glory. Today, the Sun's transit of the midheaven angle of your chart will bring new opportunities, but it's up to you to do something with them.

II Gemini May 22-June 21

Being a Gemini, you will most likely rush in where angels fear to tread today, especially as the Sun's move into your fellow Air sign of Aguarius endows you with unlimited self-confidence.

Gancer June 22-July 22 If

you are the kind of Cancerian who rarely gives thought to the future, you need to change your ways. You're not getting any younger and you need to start building up a nest egg.

Ω Leo July 23-Aug.23 You can't do it alone. If you want to get things done over the next few weeks, you will have to rediscover the joys of partnership. Surely, you remember what

TP Virgo Aug. 24- Sept. 22 Pay because the smallest thing the time to replace them with

things are possible.

close attention to details today could trip you up. Also, if some of your everyday routines have become a bit of a chore now is something more inspiring.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

← Libra Sept. 23-Oct. 23 Put all thoughts of fear and failure behind you and resolve to make a success of your life. All

M Scorpio Oct. 24-Nov. 22 You need to break down whatever barrier there is between you and a loved one. No matter what caused it or whose fault it might have been if you make the first move, you can get things back to how they were.

→ Sagittarius

Nov. 23-Dec. 21 This should be a fun time for you, so ignore those who say you should be worried about the state of the world. You've never believed it's as bad as some people say. Unlike them, you're not turned on by doom and gloom.

り Capricorn Dec. 22-Jan. 20 The Sun leaves your birth sign today, but that does not mean that your luck is about to run out. On the contrary, if you keep doing what you've been doing the past few weeks,

you'll be richer than ever.

Aquarius Jan. 21-Feb. 18 A new solar year begins for you, today, and you are eager to start building that new life you promised yourself. Make sure your vision is clear and your plan is simple.

H Pisces Feb. 19-March 20 Sometimes, you can be a bit too sensitive for your own good and that could be a problem today. Yes, others may be suffering, but it's not your fault. SALLY BROMPTON



You wiN! write it! Write a funny

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